

Resources

Children's Service Center
(570)825-6425

Helpline of NEPA
Information and referral service
Dial 2-1-1
<https://www.pa211.org/>

Suicide Prevention Helpline
suicidepreventionlifeline.org
1-800-273-8255
Text HOME to 741741

These resources are meant to be a guide. This is not an exhaustive list of all services and resources available.

How to make a referral:

Referrals can come from a variety of sources, including: students, teachers, staff, and parents/guardians.

- Contact a member of the SAP team
- Complete a referral form

All referrals are confidential, in accordance with school and state policies, procedures, and guidelines.

**Emergencies
Call 9-1-1**

Student Assistance Program



Information & Resource Guide

Rice Elementary
3700 Church Road
Mountain Top, PA 18707
(570) 868 3161



What is SAP?

The Student Assistance Program (SAP) is a voluntary program available to offer support and resources to students experiencing barriers to their success. It is staffed by teachers, guidance counselors, nursing staff, administrators and members from applicable community agencies.

SAP is not a treatment program. It is an intervention and referral process. Services may include consultation, referrals, and intervention support.

What is the process?

Referral - Anyone can refer a student to SAP, including self-referral. Parent/guardian will be contacted for permission to proceed .

Team Planning - Information about the student will be gathered (i.e. grades, discipline, attendance). A plan is developed that includes strategies and/or referral to assist with promoting the student's academic and personal success.

Intervention and Recommendations – Student's and families are encouraged to seek assistance by being linked to in-school and/or community-based services and activities.

Support and Follow-Up – The SAP team works to support the student and their family. Follow-up includes monitoring, mentoring, and motivating for academic success.



SAP Team

A team of professionals meets to address the needs of students in regards to prevention, intervention, referral, and support services in such areas as at-risk behavior, mental health, and/or drug and alcohol concerns.